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PAIRED TEXTS: "What Are You Afraid Of?" and "Conquering Fear" • SKILL: Test Prep

Paired-Texts Quiz

Directions: Read "What Are You Afraid Of?" and "Conquering Fear" in the December 2013 issue. Then click the bubble next to the BEST answer for each question below.

1. Which of the following best states a central idea of "What Are You Afraid Of?"

- Ⓐ A phobia can have a serious impact on a person's quality of life.
- Ⓑ Kyle Hargreaves was treated in Florida.
- Ⓒ It's natural to be afraid.
- Ⓓ People with phobias rarely feel safe.

2. Which sentence helps develop that central idea?

- Ⓐ "Kyle started to panic but didn't run away."
- Ⓑ "When people with phobias encounter (or in some cases, just think about) the thing they fear, they react severely."
- Ⓒ "Kyle was afraid of *mascots*."
- Ⓓ "The transformation was remarkable."

3. What is the purpose of this line in paragraph 6: "But being afraid of something dangerous is very different from having a phobia"?

- Ⓐ to describe how terrified Kyle felt
- Ⓑ to illustrate how the fear response affects people
- Ⓒ to explain why mascots are not dangerous
- Ⓓ to develop the idea that fears and phobias are not the same thing

4. Which other sentence serves a similar purpose?

- Ⓐ "Lots of people have an aversion to snakes. But that doesn't mean they have ophidiophobia."
- Ⓑ "But avoidance makes phobias worse."
- Ⓒ "Kyle was anxious every step of the way."
- Ⓓ "He tried to control his fear, but he couldn't."

5. The author probably included the detail that Kyle "high-fived" a mascot to

- Ⓐ show how much fun Gobblerfest can be.
- Ⓑ demonstrate Kyle's bravery.
- Ⓒ illustrate Kyle's progress.
- Ⓓ support the idea that exposure is the best treatment for phobias.

6. Folktales often convey a truth about life. Which truth about life does "Conquering Fear" convey?

- Ⓐ Toads are less intimidating than dragons.
- Ⓑ Life is a riddle.
- Ⓒ Bravery cannot be learned.
- Ⓓ We must conquer fear so it doesn't conquer us.

7. In "Conquering Fear," what does the elder mean when he says that the monster's "name is fear"?

- Ⓐ The monster's name is, literally, Fear.
- Ⓑ Miobe turned the monster into a toad.
- Ⓒ Fear itself was terrorizing the villagers.
- Ⓓ Miobe's name means "frightened one."

8. Which of the following statements is supported by both "What Are You Afraid Of?" and "Conquering Fear"?

- Ⓐ Fear is a natural emotion that can help protect us from harm.
- Ⓑ Fears can be overcome by facing them; hiding from them makes them worse.
- Ⓒ Exposure is an effective treatment.
- Ⓓ It takes courage to admit our weaknesses.

Constructed-Response Questions Begin on Next Page ➤

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Directions: Type your answers into the space below. Use complete sentences.

9. Explain the difference between a fear and a phobia. Use text evidence from "What Are You Afraid Of?" to support your answer.

10. Eleanor Roosevelt once said, "We gain strength and courage and confidence by each experience in which we really stop to look fear in the face." Explain what this quotation means and how it applies to Kyle and Miobe. Use text evidence.

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